SERVICES

THIS WEEK—21st July 10.00am, Open Air Service at Herringfleet 10:45am, United Holy Communion, St. Michael's THERE WILL BE NO SERVICES AT ST. MARK'S OR ST. LUKE'S NEXT WEEK— 28h July "King David's Sin" 9:00am, Holy Communion, St. Mark's 9:30am, Morning Worship, St. Luke's 10:45am, Informal Worship, St. Mark's 10:45am, Holy Communion, St. Michael's 4.00pm, The Sunday Mix, St. Luke's

Please pray for the grieving families and friends of: David Ruston, Michael Smart, Sheila Reeman, Beryl Rivett,

> Team Rector—Helen Jary 561546—or—07397 707110 revhelenjary@gmail.com Team Vicar—Andy Bunter 816021—or—07425 154454 andy.bunter@gmail.com Team Curate—Jamie Wyllie 07768 657770 revjwyllie@gmail.com

Parish Safeguarding Officers

Harry Waterman (Vulnerable Adults) - 500754 Gemma Eglington (Children) safeguardingOBTM@gmail.com

Team Office: Mandy Marler—514774 stmarks.oultonbroad@gmail.com Mon-Fri, 9:00am to 1:00pm

www.stmarksob.org www.stmichaelsoulton.org facebook.com/stmarksob facebook.com/StMichaels.Oulton

DIARY GREEN WEEK Mon 22nd (Rest day for Jamie, Debbie & Harry)

7:00pm, Alpha at St. Michael's

Tues 23rd(Rest day for Harry) 10:00am, Holiday Club, St. Mark's 2:00pm, Open Church, St. Michael's 5:30pm, Daily Prayer on Zoom ID: 879 9317 3242 Code: 520220

Wed 24th

8:30am, Quiet Time, St. Mark's
9:30am, Holy Communion, St. Mark's
10:00am, Holiday Club, St. Mark's
4:00pm, St. Luke's Pantry
5:30pm, Daily Prayer on Zoom
5:30pm, Bell Ringing Practice, St. Michael's

Thurs 25th (Rest day for Jo, Harry & Marilyn) 9:30am, Holiday Club, St. Mark's 2:15pm, Ladies Guild, St. Luke's 5:30pm, Daily Prayer on Zoom

Fri 26th (Rest day for Helen & Jo) 1.30pm, Meet & Pray, St. Michael's Rect. 2:00pm, Open Church, St. Michael's 7:00pm, Quiz Night, St. Michael's

Sat 27th (Rest day for Andy) 10:30am, Litter Pick, St. Mark's 11:00am, CONTACT, St Mark's

Thank you kindly for observing our ministry team's rest days. Your thoughtfulness and patience is appreciated.

Our churches depend on donations to fulfil Christ's mission. If you would like to give, please visit: http://stmarksob.org/giving There you will find options to give to all three of our Churches.



OBTM MEN'S GROUP We will be holding a BBQ at St. Michael's Rectory Christmas Lane on July 23rd at 6pm. All men welcome Names to Peter Wood by Friday July 19th.



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FREE ENTRY - DONATIONS ARE WELCOME

MEET & PRAY

Please be aware that the date of our next meeting to be held in St. Michael's Vicarage has been moved from Wednesday 24th July to Friday 26th July.

GREEN TEAM LITTER PICK

Saturday 27 July 10.30 - 11.30am at St. Mark's. All are welcome!



A HUGE THANK YOU

St. Michael's Strawberry Tea was a success. We were delighted to welcome lots of new faces into church. We raised just over £700. We are grateful for all the contributions and help that ensured the day went well.

FOODBANK REQUIREMENTS

The Lowestoft Foodbank would like to convey their sincere thanks for our continued support. Unfortunately their stocks are dwindling due to fund restrictions and fewer corporate donors. Currently the Food Bank urgently



needs porridge, tinned spaghetti & kidney beans, jams, small packets of rice, crisps & crackers. Donations can be left in the office or at the back of St. Mark's

HOLIDAY CLUB

Next week we will welcome children from our area for our annual holiday club. Please be in prayer for all who have worked hard to get everything ready, those who are leading groups and particularly pray for the children attending that this will be a fantastic and fun opportunity to learn about Jesus! Also, please be aware that Midweek Communion at St. Mark's will take place in the hall on 24th July.

ADVANCED NOTICE THE SANCTUARY COURSE

Wednesday 4th September to Wednesday 23rd October, 2pm at St. Mark's For those who would like some training and advice on how to be supportive to those struggling with mental health issues, the Sanctuary Course offers a fantastic opportunity. The feedback from the previous courses is that this is great resource, thoughtfully and carefully presented. Please speak to Harry Waterman for more information.

DAILY PRAYER AT ST. MARK'S

The Monday and Friday sessions of Daily Prayer will be taking a break over the summer but will return again in September.